



SUPPORTING DOCUMENTS

3.2.2

**NUMBER OF WORKSHOPS/SEMINARS CONDUCTED ON RESEARCH
METHODOLOGY, INTELLECTUAL PROPERTY RIGHTS (IPR) AND
ENTREPRENEURSHIP DURING THE YEAR**



Three Days International Workshop on Research Methodology (Online)

Objectives:

- The workshop aimed to equip participants with the foundational knowledge and practical skills needed to design, conduct, and analyze research effectively by both online and offline modes.
- The workshop provided a platform to the participants to interact with eminent researchers, around the globe.
- The ultimate goal was to enhance participants' ability to contribute meaningfully to their field through rigorous and effective research.

Description:

The PG Departments in the college and the Department of Physical Education in collaboration with UGC, under the aegis of IQAC organized a “Three Days International Workshop on Research Methodology” from 7th - 9th April, 2025. In the workshop various aspects of research like research ethics, basic concepts of research and data analysis in interdisciplinary insights were discussed. More than 250 delegates and renowned personalities belonging to different fields and from various National and International Universities, Colleges and Institutes, joined the workshop in online mode. More than 34 college (M.Sc. Botany) students joined offline. Prof. Ma Rosita Ampoyas Hernani; Philippines and Dr. Yogamaya Panda; Odisha, India. Prof. Rajeev Choudhary; Chhattisgarh, India and Prof. Jomar B. ESTO; Philippines, Prof. Oliver B. Villaflores; Philippines and Prof. Jainah Rose; Philippines were the resource persons and moderators for 7th, 8th and 9th April, 2025 respectively. All the sessions were very informative and interactive. Such events provide massive learning platforms for young researchers. The Principal Sr. (Prof.) Molly Abraham was also a part of this workshop she interacted with various National and International dignitaries on this platform and also appreciates and motivates the organizers to for their efforts. She urged the organizers to organize such beneficial events in the future also.

Day: I (April 7th, 2025)

Day one started with the online welcome and introductory speech by Dr. Kusum, in-charge PG Department of Botany. She introduced the speaker for the session, Prof. Ma. Rosita Ampoyas-Hernani from Cebu Normal University Philippines, moderator Dr. Yogamaya Panda from Department of Psychology, from Shailbala, Women Autonomous College Cuttack, Odisha, India and the Principal Prof. (Sr.) Molly Abraham. The status and legacy of the college was also highlighted during the welcome speech. Google meet was the platform for this interaction, the moderator Dr. Yogamaya Panda handled the session seamlessly.

The resource person Prof. Ma Roshita Hernani delivered her expert address, on the topic entitled “Research Ethics in Social Sciences”. She explained the necessity to study research ethics. She even mentioned her views on the role of ethics to ensure integrity and credibility of research to protect the rights and dignity of the participants, to promote trust between researchers



and society etc. Prof. Rosita highlighted on research ethics and said, "Ethics is the foundation, not an option".

Dr. Yogamaya Panda summarized the session on "Research Ethics". She focused on the importance and role of ethics and social ability of people in research. She conducted the entire session very effectively. The PG students of the college also interacted with the resource person and asked various questions.

The vote of thanks was proposed by Ms. Vanshika from the PG Department of Botany. The overall session was very informative and interactive.

Day: II (April 8th, 2025)

The second day of the workshop on, "Research Ethics" started with the detailed description of the preceding of the last day by Dr. Ashwani Kumar, from Department Physical Education. He welcomed and introduced the keynote speaker for the second day session; Prof. Rajeev Choudhary from Pt. Ravishankar Shukla University, Raipur, Chhattisgarh, India. The moderator Prof. Jomar B. Esto from the University of Southern Mindanao, Philippines. The principal of the college, Prof. (Sr.) Molly Abraham was also welcomed and introduced to the dignitaries present on the platform; she also addressed the gathering and also appreciated the efforts of the organizers. The moderator Prof. Jomar B. Esto was invited to handle the session

The second day's session was on "Basic Concept of Research and Data Analysis". The resource person, Prof. Rajeev Choudhary delivered a detailed presentation on the basic components of research. He also explained quantitative and qualitative aspects of the research and discussed steps in the research processes. Prof. Choudhary practically explained various data analytical and statistical tools to the delegates in an interactive manner.

The session was concluded by the moderator Prof. Jomar B. Esto. He thanked Prof. Choudhary for his effective speech and skills on the topic. He also thanked St. Bede's College, for making him a part of the wonderful workshop. The session for the day ended with a question answer segment related to research ethics from the speaker.

Ms. Sakshi Bhardwaj from M.Sc. Botany proposed the vote of thanks to the speaker, moderator, college principal, organizers and the delegated who joined from around the globe in online / offline mode.

Day: III (April 9th, 2025)

The third day of the workshop started at 11.00 am, where Ms. Titiksha Kamal from the Department of Botany St. Bede's, introduced and welcomed the resource person Prof. Oliver B. Villaflores, from Faculty of Pharmacy, University of Santo Tomas Philippines and the Moderator was Prof. Jainah Rose G. Amilbahar from University of Southern Mindanao, Philippines. She also read out the proceedings of the previous day. The Principal Prof. (Sr.) Molly Abraham addressed the gathering present in both online and offline mode.



The moderator Prof. Jainah Rose G. Amilbahar was invited to for further handling and proceedings. The moderator i.e., Prof. Jinah Rose introduced speaker and invited him to deliver his expertise on, 'Interdisciplinary Insights: How to cross field thinking leads to great research questions'.

Prof. Oliver B. Villaflorres the resource person talked about Interdisciplinary Insights in his presentation. He shared his own research findings and discusses research related questions/answers that lead to an effective study. He also explained interdisciplinary new research possibilities in collaboration with other good organizations for methodology exposures and quality research. He also explained the importance of the collaboration of specific research with different fields like humanities, education with neuroscience etc. He concluded is lecture with the words "stay narrow think wide".

Prof. Jainah Rose G. Amilbahar gave summary about theme; she thanked Prof. Oliver for his informative and interactive session. She thanked to St. Bede's College for making her part of this wonderful workshop.

Ms. Titiksha from the Department of Botany proposed the vote of thanks.

The overall sessions were very informative and interactive. The workshop was appreciated by various National and internationally recognized personalities and delegates through the medium of online feedback.

Outcomes:

After attending the workshop, participants improved their understanding of research design, literature review, hypothesis development, data collection methods, and data analysis techniques.

Social Media Links:

- <https://www.facebook.com/share/p/18ec27ZR2R/>
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- <https://www.facebook.com/share/p/18ec27ZR2R/>



ST. BEDE'S COLLEGE , SHIMLA
NAAC RE-ACCREDITED 'A' GRADE
College with Potential for Excellence

PG Departments and Department of Physical Education
In Collaboration with UGC Cell
(Under the aegis of IQAC)

In Organizing

THREE DAYS INTERNATIONAL WORKSHOP ON RESEARCH METHODOLOGY (Online)
(SCIENCES & HUMANITIES)
APRIL 7 - 9, 2025

Resource Person and Moderator

7th April, 2025


Prof. Ms. Binde Ampose
Borneo Normal University
PHILIPPINES


Dr. Yogeswari Peale
Department of Psychology
I.W. Astormann College
Cochin, Kerala, INDIA

8th April, 2025


Prof. Rajeev Chaurasia
P.K.U. University, Rajpur
Orissa, INDIA


Prof. Jomar R. ESTIO
University of Southern
Mindanao,
PHILIPPINES

9th April, 2025


Prof. Oliver S. Villaluzen
Faculty of Pharmacy
Univ. of Santo Tomas
PHILIPPINES


Prof. Janeth Rose G. Amilidzar
University of Southern
Mindanao,
PHILIPPINES

Topic Covered

- ✓ Research Ethics
- ✓ Basic Concept of Research and Data Analysis
- ✓ Interdisciplinary Research: How Cross-Disciplinary thinking leads to great Research Questions

Organisers

Chairperson
Prof. (Dr.) Molly Ahirlam

Convener
Dr. Rakesh Sharma

Co-Convener
Dr. Ashwani Kumar

Co-Convener
Ms. Anjana Sharma

Organizing Secretariat

Dr. Preeta Kaurpal Dr. Sangeeta Sharma
Ms. Titiksha Kaurpal Mr. Nalin Sharma

TIME
10:30 am - 12:30 pm IST

Google meet link:
<https://meet.google.com/zqx-dnaz-quu>

Brochure



Three Days International Workshop on Research Methodology (Online) (7 - 9 April, 2025)



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Three Days International Workshop on Research Methodology (Online) (7 - 9 April, 2025)



Attendance sheet
Feedbacks

Three Days International Workshop on Research Methodology- Online, (Sciences & Humanities)

Organized by: PG Department of Botany & Department of Physical Education in
collaboration with UGC Cell, St. Bede's College, Shimla, (H.P), India, April 7-9, 2025, (11.00
am to 12.45 pm IST)

1. Name

2. Gender

3. Designation

4. College/University

5. Department

6. Country

7. Email

Mollym

Principal
St. Bede's College
Shimla

Rajy
Bilal

St. Bede's College
Physical Education

Attendance Sheet



Attendance Sheet

Activity: Three days International Workshop on Research Methodology (7 to 9-251)
Date: 7, April 2025

S. No	Name	Signature
1.	Akshita	
2.	Anisha Lakra	
3.	Arushita Ghezta	
4.	Ankita Kaushal	
5.	Anita	
6.	Deepika Damseth	
7.	Deepshika	
8.	Kanika Sharma	
9.	Ojhal Chauhan	
10.	Priyanka Sharma	
11.	Priyanka Sharma	
12.	Preety	
13.	Sakshi Dhawan	
14.	Shruti Manta	
15.	Shreya Angaria	
16.	Anuja Mehta	
17.	Avantika Negi	
18.	Himani Thakur	
19.	Isha Jamwal	
20.	Priksa Dogra	
21.	Priyanshu Chandel	
22.	Radhika Singh	
23.	Ridhi Dhanta	
24.	Sakshi Sharma	
25.	Sakshi Bhardwaj	
26.	Samriti Thakur	
27.	Sanjana Thakur	
28.	Sargam Thakur Sawant	
29.	Shivani Thakur	
30.	Shweta Punta	
31.	Sneha Thakur	
32.	Vanshika Bhardwaj	
33.	Vartika Sharma	
34.	Vibhuti Rapta	
35.	Yamuna Katoch	

Principal

Principal
St. Bede's College
Shimla

Teacher In-charge

St. Bede's College
Physical Education
Department

Attendance Sheet



Attendance Sheet

Activity: Three days International Workshop on Research Methodology
Date: 8, April 2025

S. No	Name	Signature
1.	Akshita	ABSENT
2.	Anisha Lakra	
3.	Arushita Ghezta	
4.	Ankita Kaushal	
5.	Anita	Anita
6.	Deepika Damseth	Deepika
7.	Deepshika -	
8.	Kanika Sharma	Kanika Sharma
9.	Ojhal Chauhan	Ojhal Chauhan
10.	Priyanka Sharma	Priyanka
11.	Priyanka Sharma	Priyanka
12.	Preety	Preety
13.	Sakshi Dhawan	Sakshi
14.	Shruti Manta	Shruti
15.	Shreya Angaria	Shreya
16.	Anuja Mehta	Anuja
17.	Avantika Negi	Avantika
18.	Himani Thakur	Himani
19.	Isha Jamwal	Isha
20.	Priksha Dogra	Priksha
21.	Priyanshu Chandel	Priyanshu
22.	Radhika Singh	Radhika Singh
23.	Ridhi Dhanta	Ridhi
24.	Sakshi Sharma	Sakshi
25.	Sakshi Bhardwaj	Sakshi
26.	Samriti Thakur	Samriti
27.	Sanjana Thakur	Sanjana
28.	Sargam Thakur Sawant	Sargam
29.	Shivani Thakur	Shivani
30.	Shweta Punta	Shweta
31.	Sneha Thakur	Sneha
32.	Vanshika Bhardwaj	Vanshika
33.	Vartika Sharma	Vartika
34.	Vibhuti Rapta	Vibhuti
35.	Yamuna Katoch	Yamuna

150/450

Principal
Principal
St. Bede's College
Shimla

ADW
Teacher in-charge
St. Bede's College
University Education
Department

Attendance Sheet



Attendance Sheet

Activity: Three days International Workshop on Research Methodology
Date: 9, April 2025

S. No	Name	Signature
1.	Akshita	
2.	Anisha Lakra	
3.	Arushita Ghezta	ABSENT
4.	Ankita Kaushal	
5.	Anita	
6.	Deepika Damseth	
7.	Deepshika	
8.	Kanika Sharma	
9.	Ojhal Chauhan	
10.	Priyanka Sharma	
11.	Priyanka Sharma	
12.	Preeti	
13.	Sakshi Dhawan	
14.	Shruti Manta	
15.	Shreya Angaria	
16.	Anuja Mehta	
17.	Avantika Negi	
18.	Himani Thakur	
19.	Isha Jamwal	
20.	Priksa Dogra	
21.	Priyanshu Chandel	
22.	Radhika Singh	
23.	Ridhi Dhanta	
24.	Sakshi Sharma	
25.	Sakshi Bhardwaj	
26.	Samriti Thakur	
27.	Sanjana Thakur	
28.	Sargam Thakur Sawant	
29.	Shivani Thakur	
30.	Shweta Punta	
31.	Sneha Thakur	
32.	Vanshika Bhardwaj	
33.	Vartika Sharma	
34.	Vibhuti Rapti	
35.	Yamuna Katoch	

Principal
Principal
St. Bede's College
Shimla

Teacher In-charge

Head of Department
Physical Education
Department

Attendance Sheet



Academy
Principal
St. Bede's College
Siliguri

Attendance Sheet



Timestamp	Name	Gender	Designation	College/University	Department	Country	Email
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4/2/2023 16:40:22	Akash Panditka	Male	Student	SIALI UNIVERSITY	Physical Education	INDIA	akash.panditka@gmail.com
4/2/2023 17:02:14	DR. Anushree Chatterjee	Female	Assistant Professor	Dr. P. Ranjankar Shinde U. Center for Women's Stud.	India	dr.2012@gmail.com	
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4/2/2023 23:11:10	Reena Lakshmi Dhamani	Female		Uo.	spaper	Philippines	newyashika1999@gmail.com
4/2/2023 23:17:39	Wine Chanting	Female		University of Southern M.	ISPEM	Philippines	newyashika1999@gmail.com
4/2/2023 23:28:33	Amelia Gohar	Female		University of Southern M.	ISPEM	Philippines	newyashika1999@gmail.com
4/2/2023 23:39:13	John Ann & Roger	Male	Student	University of Southern M.	ISPEM	Philippines	newyashika1999@gmail.com
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roshy
Principal
St. Bede's College
Shimoga

R. J. Raja
HOD, Department of Physical Education
St. Bede's College, Shimoga

Attendance Sheet



Ranking	Name	Gender	Program	College/University	Department	Country	Email
4/4/2023 8:46:29	Jerry Hale Balindon	Female					
4/4/2023 8:46:47	Christopher D. Barrios	Male		University of Southern M.	Institute of Sports Phys.	Philippines	jerahalebalindon2023@gmail.com
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4/4/2023 8:47:01	Alvin Alton Marked	Male		University of Southern M.	ISPEAS	Philippines	alvinmarked2023@gmail.com
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4/4/2023 8:48:52	David Rosello M. Andras	Female	STUDENT	UNIVERSITY OF SOUTHE. ISPIAS		Philippines	andrasdavidrosello2023@gmail.com
4/4/2023 8:49:04	Um S. Sustle	Female		University of Southern M.	ISPEAS	Philippines	chachikumarsustle2023@gmail.com
4/4/2023 8:49:13	James Patalan	Female	Student	University of Southern M.	ISPEAS	Philippines	gencitojamespatalan2023@gmail.com
4/4/2023 8:49:19	Ray S. Sarmiento	Male	Student	University of Southern M.	ISPEAS	Philippines	rayssarmiento2023@gmail.com
4/4/2023 8:49:21	Rene Macalabao	Male		University of Southern M.	Institute of Sports Phys.	Philippines	renemacalabao2023@gmail.com
4/4/2023 8:49:47	Iba Z. Roldanomina	Female		University of Southern M.	ISPEAS	Philippines	renemacalabao2023@gmail.com
4/4/2023 8:49:52	Maxence T. Esteban	Female		University of Southern M.	Institute of Sports Phys.	Philippines	maxenceesteban2023@gmail.com
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Attendance Sheet



Counting	Name	Gender	Designation	College/University	Department	Country	Email
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4/4/2023 9:11:28	Rachelle	Female		UIMANAN	ISPEAM	PHILIPPINES	rpmpm1993@gmail.com
4/4/2023 9:12:17	Carlos Miguel Camarria	Male	Student	University of Southern M. Apayao		KALAKAN COTABATO	camarria919@gmail.com
4/4/2023 9:12:18	Peter Eric J. Tingzon	Male		University of Southern M. Avasia of Sorsogon, Philippines		philtingzon919@gmail.com	
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Total = 216 + 35 = 251

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